# REDUCE. REUSE. RECYCLE Sustainability at the NRC



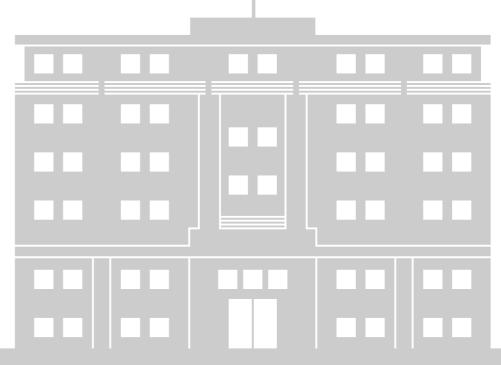


The NRC is committed to being a sustainable and environmentally friendly organisation.

Sustainability for the NRC means meeting our users' needs without compromising the ability of future generations to meet their own needs.

### We will...

- 1. Minimise the procurement and use of non-sustainable resources
- 2. Reduce the NRC's carbon footprint by five per cent each year
- 3. Encourage sustainable procurement, waste minimisation and recycling
- 4. Raise staff and visitor awareness of sustainability and key environmental issues





#### In addition to this...

Waste is automatically recycled off site



Electricity and water is supplied by companies with environmental credentials



Staff reuse and recycle post bags, elastic bands, frame bags, frames, bubble wrap etc.

The NRC has an EPC green B rating



























- 1. Minimise use of paper
- 2. Minimise waste
- 3. Make use of the recycling facilities
- 4. Turn off taps
- 5. Consider travelling to the NRC using sustainable methods
- 6. Use re-useable cups



### NRC members of staff will...

Appoint a sustainability champion to lead on the issue

Prioritise sustainable procurement

Where possible use electronic devices or online resources instead of paper



Not print documents unless it is necessary

Use double-sided photocopying where possible



Recycle all paper

Ensure that both sides of paper are used before recycling

Ensure all electrical and electronic equipment is turned off where safe and possible

Monitor energy consumption

Recycle PPE, batteries and waste and other materials where possible. repair or reuse equipment before recycling

Recycle redundant equipment using an authorised contractor

# **OBJECTIVES**

The NRC team commits to:

Biannually update the ABDO Sustainability Self Assessment, complete & share progress online





Over the next 12 months, ensure our supply chain has ethical and social responsibility for the provenance of our products

Recycle plastic contact lenses from our contact lens examinations and assess progress



## Reporting

We will report our performance on the NRC website

The sustainability champion will liaise with the team on

improvements, what is and what is not working and actions to take

